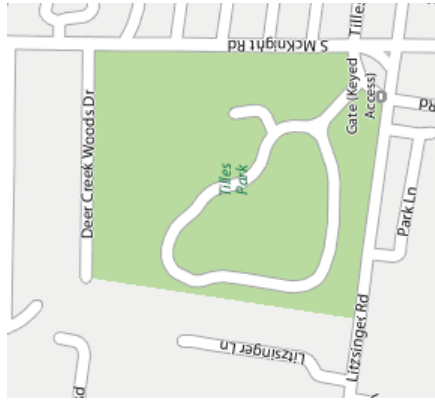


Kilo Diabetes & Vascular Research Foundation
1227 Fern Ridge Parkway, Suite 120
St. Louis, Missouri 63141-4407

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Research Foundation
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Walk to Defeat Diabetes



AUGUST 29TH, 2009
Tilles Park
at
Litzsinger Rd. & McKnight Rd.
Ladue, MO 63124



The mission of the Kilo Diabetes & Vascular Research Foundation is to find a cure for diabetes, preserve life, promote health and safeguard the lives of people with diabetes and vascular disease through research, education and proper care and treatment.

- For the past 37 years the Foundation has provided continuous funding to the Kilo Laboratory at Washington University School of Medicine. Work in this lab has been focused on finding a cure for Type 1 diabetes and also studying the impact of diabetes on the vascular system.
- In 2004 the Foundation established the Charles Kilo Chair for Type 2 Diabetes and Nutrition with funding directed to the Center for Human Nutrition at Washington University.
- The Foundation has also provided continuous funding and support for the Kilo Diabetes Symposium that has been held for the past 37 years. This two day seminar is directed toward medical professionals and annually hosts between 400 to 500 doctors, nurses, diabetic educators, pharmacists and dieticians.
- The Foundation provides diabetes education and blood glucose screenings through its community outreach programs for the prevention, delay and control of Type 2 Diabetes.

Walk to Defeat Diabetes

Saturday, August 29th, 2009

Tilles Park
9551 Litzinger
Ladue, MO 63124
9 AM Festivities
10 AM Walk/Fun Run

Nearly 24 million Americans are affected by diabetes and you can help! Please JOIN our efforts to raise awareness and find a cure for diabetes.

The **Walk to Defeat Diabetes** will be a FUN packed event including a one mile Walk and a 5K (3 mile) Fun Run, giveaways, refreshments and prizes at the beautiful tree filled Tilles Park.

The \$15 registration fee includes the official *Walk to Defeat Diabetes* T-Shirt.

Just **call 314-434-6500**, register **online** at www.kilorf.com/specialevents.asp or **mail** the registration form.

But the FUNdraising really begins when you team up with friends, family, co-workers and/or neighbors.

Top Company, Top Team and Top Walker prizes will be awarded!

Just call or check the box with your registration and we'll get you started.

Name _____
Address _____
City _____
State & Zip _____
Phone _____
Email _____

Register me as a Walker/Runner

I'm Joining a Team

TEAM Name _____

Team Captain _____

Send me Team Information Packet

Registration \$15.00 (please copy or use another form for each Walker)

T-Shirt (please circle size)

Adult **S M L XL XXL**

Youth **S M L**

I am unable to attend but would like to support the *Walk to Defeat Diabetes* \$ _____

Please make checks payable to the Kilo Diabetes Foundation or bill to my:

MC AmEx Visa

Acct# _____

Expiration Date _____

Signature _____

Walk Release and Indemnification:

Walk to Defeat Diabetes involves walking and/or running which may include many risks, including but not limited to falls, interactions with others, my own physical condition, effects of the weather, traffic and conditions of the road and walkway. I understand that I assume all risks and I am solely responsible for my own health and safety. This release and indemnification agreement shall be binding and inclusive as is permitted by the State in which the event is conducted. I have read, understand and agree to the terms of this agreement.

Signed _____ Date _____